



Become buddy and help girls choose for IT!

What is the buddy programme?

Within the buddy programme girls from secondary education are matched with female IT-professionals. These girls are interested in IT and would like to get a better image of the possibilities within the sector. Every girl will be matched with a buddy who will help her navigate.

What will you do as buddy?

As buddy you will give an impression of your position and work duties within your company and the IT sector. Your primary role is to provide information about learning and working within IT on a personal level. For this you can do the following:

- Meeting during the conference
- Appointment at your work
- Email contact
- Visit her school
- Provide input for papers or presentations
- Invite the girl for interesting events organized by your company or VHTO



How does it work?

To support the girl in choosing her next steps, and to nourish her interest in IT, you decide together what is the best way to do so. The next steps can be helpful:

1. Meeting during the conference. Here you exchange contact details and you schedule your next meeting.
2. Appointment at your work. During this conversation you explain your normal work day, your position and which (study)choices you made in order to get there. Discuss the girl's views on IT and what her ambitions are.
3. Follow up contact. Make agreements when you will be in contact again. This can be, for example, after one month. Ask the girl to meanwhile think of the ways in which you can support her best in choosing her studies.
4. Other activities. Consider which other things you can do. A meeting at the school in which you tell about your work needs to be arranged by the girl. Depending on the year and courses, you could help her content-wise with papers or presentations. In case your company organizes an interesting event, you can invite her as well. Information concerning VHTO events will be provided.
5. Long term contact. Schedule a second email contact, for example after the summer in September, in which you decide how you would like to proceed in terms of contact. Keep in mind that you have a 'professional' relation. You are merely her buddy to provide information concerning learning and working in IT. Keep it open yet within a delineated time period.